

February 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 10 Shake Your Bones 11 Super bowl fun 1 Bruce's Group 2 Furry Forecast Story 3 Individual Activity
4 10 Shake Your Bones 11 Chinese Lanterns 1 Bruce's Group 2 New Years Dumplings 3 Individual Activity	5 10 Sit and Be Fit 11 Daily Chronicles 1 Bruce's group 2 Chinese New Year Party 3 Individual Activity	6 10 Yoga 11 Oatmeal Peanutbutter Cookies 1 Sharon and Richard 2 BINGO 3 Individual Activity	7 10 Noodle Fitness 11 What am I 1 Bruce's Group 2 Travel- Underground Railroad 3 Individual Activity	8 10 Range of Motion 11 Fable Headlines 1 Bruce's Group 2 Love song sing along 3 Individual Activity
11 10 Sit and Be Fit 11 Bead & Heart Suncatcher 1 Bruce's Group 2 Bingo 3 Individual Activity	12 10 Chair Tai Chi 11 Who am I? Abe Lincoln 1 Bruce's Group 2 Balloon Volleyball 3 Individual Activity	13 10 Yoga 11 Easy Does It Trivia 1 Sharon and Richard 2 Bingo 3 Individual Activities	14 10 Morning Stretch 11 Love Humor 1 Bruce's Group 2 Step by Step Rose Drawing 3 Individual Activity	15 10 Shake Your Bones 11 Parachute Fun 1 Bruce's Group 2 What's my Line 3 Individual Activity
18 10 Range of Motion 11 President's Day Fun 1 Bruce's Group 2 Bingo 3 Individual Activity	19 10 Shake your bones 11 Kings of Motown 1 Bruce's Group 2 Mix and Match Fairy Tail 3 Individual Activities	20 10 Yoga 11 Muffin baking 1 Richard and Sharon 2 BINGO 3 Individual Activity	21 10 Sit and Be Fit 11 Never, ever have I 1 Bruce's Group 2 African American History 3 Individual Activity	22 10 Chair Tai Chi 11 Balloon Volleyball 1 Bruce's Group 2 Magazine Scavenger Hunt 3 Individual Activity
25 10 Sit and Be Fit 11 Minute Mysteries 1 Bruce's Group 2 Bingo 3 Individual Activity	26 10 Shake your Bones 11 Ralph Kramden Day 1 Bruce's Group 2 Pet Bloopers 3 Individual Activity	27 10 Sit and Be Fit 11 President's Pets 1 Bruce's Group 2 Bingo 3 Individual Activity	28 10 Range of Motion 11 Hollywood Icons 1 Bruce's group 2 Star of the month 3 Individual Activity	<i>8-10 a.m. daily is time for socialization with peers and continental breakfast is available during this time. Lunch is served at 12:00pm. The daily activities schedules are subject to change</i>