

December 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>10 Sit and Be Fit</p> <p>11 Hanukkah Cards</p> <p>1 Bruce's Group</p> <p>2 Dreidel</p> <p>3 Individual Activity</p>	<p>4</p> <p>10 Shake Your Bones</p> <p>11 Parachute Fun</p> <p>1 Bruce's Group</p> <p>2 Wright Brothers History</p> <p>3 Individual Activity</p>	<p>5</p> <p>10 Yoga</p> <p>11 Name that Tune</p> <p>1 Richard and Sharon</p> <p>2 BINGO</p> <p>3 Individual Activity</p>	<p>6</p> <p>10 Chair Yoga</p> <p>11 Hangman</p> <p>1 Bruce's group</p> <p>2 Dominos</p> <p>3 Individual Activity</p>	<p>7</p> <p>10 Noodle Fitness</p> <p>11 Categories</p> <p>1 Bruce's Group</p> <p>2 Teddy Bear Shabbat</p> <p>3 Individual Activity</p>
<p>10</p> <p>10 Shake Your Bones</p> <p>11 Sing a long</p> <p>1 Bruce's Group</p> <p>2 Dreidel</p> <p>3 Individual Activity</p>	<p>11</p> <p>10 Sit and Be Fit</p> <p>11 Daily Chronicles</p> <p>1 Bruce's group</p> <p>2 Bowling</p> <p>3 Individual Activity</p>	<p>12</p> <p>10 Yoga</p> <p>11 Baking-Noodle Kugel</p> <p>1 Sharon and Richard</p> <p>2 BINGO</p> <p>3 Individual Activity</p>	<p>13</p> <p>10 Noodle Fitness</p> <p>11 Categories</p> <p>1 Bruce's Group</p> <p>2 Travelog- Japan</p> <p>3 Individual Activity</p>	<p>14</p> <p>10 Range of Motion</p> <p>11 Myth or Truth</p> <p>1 Bruce's Group</p> <p>2 Reminiscing with senses</p> <p>3 Individual Activity</p>
<p>176</p> <p>10 Sit and Be Fit</p> <p>11 Snow Fall Painting</p> <p>1 Bruce's Group</p> <p>2 Dreidel</p> <p>3 Individual Activity</p>	<p>18</p> <p>10 Chair Tai Chi</p> <p>11 5 clue-What is it?</p> <p>1 Bruce's Group</p> <p>2 Balloon Volleyball</p> <p>3 Individual Activity</p>	<p>19</p> <p>10 Yoga</p> <p>11 Finish that line</p> <p>1 Sharon and Richard</p> <p>2 Bingo</p> <p>3 Individual Activities</p>	<p>20</p> <p>10 Morning Stretch</p> <p>11 Picture this</p> <p>1 Bruce's Group</p> <p>2 Sing a Long</p> <p>3 Individual Activity</p>	<p>21</p> <p>10 Shake Your Bones</p> <p>11 Parachute Fun</p> <p>1 Bruce's Group</p> <p>2 Nordic Mittens</p> <p>3 Individual Activity</p>
<p>24</p> <p>10 Range of Motion</p> <p>11 Hangman</p> <p>1 Bruce's Group</p> <p>2 Dreidel</p> <p>3 Individual Activity</p>	<p>25</p> <p>Closed</p>	<p>26</p> <p>10 Yoga</p> <p>11 Name that Tune</p> <p>1 Richard and Sharon</p> <p>2 BINGO</p> <p>3 Individual Activity</p>	<p>27</p> <p>10 Sit and Be Fit</p> <p>11 Never, ever have I</p> <p>1 Bruce's Group</p> <p>2 Story telling</p> <p>3 Individual Activity</p>	<p>28</p> <p>10 Chair Tai Chi</p> <p>11 Balloon Volleyball</p> <p>1 Bruce's Group</p> <p>2 Paper Airplanes</p> <p>3 Individual Activity</p>
<p>31</p> <p>10 Sit and Be Fit</p> <p>11 Minute Mysteries</p> <p>1 Bruce's Group</p> <p>2 Dreidel</p> <p>3 Individual Activity</p>	<p>31</p> <p>10 Shake your Bones</p> <p>11 Discuss and Recall</p> <p>1 Bruce's Group</p> <p>2 The science of Flying</p> <p>3 Individual Activity</p>	<p><i>8-10 a.m. daily is time for socialization with peers and continental breakfast is available during this time. Lunch is served at 12:00pm. The daily activities schedules are subject to change</i></p>		